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PHOTO COURTESY OF KC DOG RUNNERS

Ready, Set, Run

Well, maybe not you, but perhaps man's best friend could use some exercise. KC Dog Runners, established this past fall, is Kansas City's only dog running company. Year-round services include dog-running and walking, puppy care and in-home pet-sitting. Founded by Jeff Graves, it supports local animal shelters by volunteering time, donating services and giving 10-percent discounts to pet owners who adopted from a shelter or rescue group. Owners can choose between a 30-minute or 45-minute run, with services offered Monday-Friday one to five times per week, and they'll receive a progress report after every run. The fully insured/bonded new company is a member of the National Association of Professional Pet Sitters. 816.651.0235 or www.kcdogrunners.com

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